

**To lower your risk of developing heart disease or stroke,are you...Exercising more?**  
**Kentucky BRFSS 2000**

Geographic Groups	Total Respond.#	Yes			No		
		N	%	C.I.(95%)	N	%	C.I.(95%)
TOTAL	6341	3128	50.8	(49.1-52.6)	3213	49.2	(47.4-50.9)
ADDs							
Barren River	437	220	51.7	(46.0-57.4)	217	48.3	(42.6-54.0)
Big Sandy	341	165	49.9	(43.9-55.9)	176	50.1	(44.1-56.1)
Bluegrass	499	263	52.2	(47.2-57.1)	236	47.8	(42.9-52.8)
Buffalo Trace	330	153	44.8	(38.8-51.0)	177	55.2	(49.0-61.2)
Cumberland Valley	397	173	46.0	(40.3-51.9)	224	54.0	(48.1-59.7)
FIVCO	460	213	43.1	(37.2-49.2)	247	56.9	(50.8-62.8)
Gateway	447	207	46.2	(40.7-51.7)	240	53.8	(48.3-59.3)
Green River	377	193	53.4	(47.7-59.1)	184	46.6	(40.9-52.3)
Kentucky River	423	215	53.9	(48.4-59.4)	208	46.1	(40.6-51.6)
KIPDA	468	236	51.6	(46.4-56.8)	232	48.4	(43.2-53.6)
Lake Cumberland	405	171	42.2	(36.5-48.1)	234	57.8	(51.9-63.5)
Lincoln Trail	432	214	49.6	(44.4-54.9)	218	50.4	(45.1-55.6)
Northern Kentucky	431	244	54.5	(49.2-59.7)	187	45.5	(40.3-50.8)
Pennyrile	428	209	50.7	(45.3-56.1)	219	49.3	(43.9-54.7)
Purchase	466	252	55.3	(50.1-60.4)	214	44.7	(39.6-49.9)

#Use caution in interpreting data for total respondents less than 50. N = Cell Size, NH = Non-Hispanic, % = Percentage, C.I.(95%) = Confidence Interval (at 95 percent probability level).

Percentages are weighted to population characteristics.

Unless stated differently above, Missing, 'Don't know', and Refused responses are excluded.